



Psychotherapy and Counselling
Federation of Australia

Strategic Plan

April 2023

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Version control information: The *PACFA Strategic Plan* is effective March 2023. The process of reviewing and updating the Strategic Plan began in 2021. It was reviewed by the PACFA Council in 2022 and finalised by the PACFA Board in 2023.

Next review date: April 2026.

Any feedback should be sent to president@pacfa.org.au

PACFA acknowledges Aboriginal and Torres Strait Islander peoples as the First Peoples of this nation. We pay our respects to Elders, past and present, as the Traditional Owners of the lands on which we work and live. Our office is on the land of the Wurundjeri Woi-wurrung people of the Kulin nation in Naarm/Melbourne and we thank them for their enduring and continuing contribution to the life of this place. We recognise that First Peoples' sovereignty was never ceded.

Our purpose

Why does PACFA exist?

PACFA exists to support its members and the community by regulating the training and practice of Psychotherapy, Counselling and Indigenous Healing Practices to the highest standards of safety, quality and professionalism.

Regulating includes certification, registration, accreditation, and complaints management.



Our mission

What does PACFA do for whom?

PACFA regulates and supports the provision of effective high-quality Psychotherapy, Counselling, and Indigenous Healing Practices.

To do this, PACFA:

- registers and certifies suitably qualified and skilled practitioners
- accredits appropriate training courses
- provides resources and a professional network for the development of Psychotherapy, Counselling, and Indigenous Healing Practitioners
- educates and advocates to the public, other professions, and policy makers to ensure the value of Psychotherapy, Counselling and Indigenous Healing Practices is recognised and appreciated.



Our values

How do we behave while we are doing it?

Authenticity

- We act with integrity by being consistent, fair, transparent, and accountable.
- We are trustworthy and professional. We do what we say we will do.
- We are courageous in our willingness to speak our truth.
- We stand for the value and integrity of Psychotherapy, Counselling, and Indigenous Healing Practices.

Compassion

- We approach everyone from a position of kindness and goodwill.
- We celebrate difference and diversity.

Connection

- We seek to connect with curiosity and openness.
- We value the self of the practitioner as the heart of professional practice, and the role of professional supervision in safeguarding our practices and their recipients.

Humility

- We acknowledge our mistakes, embrace our failures, and learn from them.





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